

2019 Parkinson's Empowerment Programs

AdventHealth Parkinson Outreach Center



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Programs and Services Offered by the Parkinson Outreach Center

- Support group meetings in various locations
- Wellness and exercise programs
- Education programs
- Caregiver support and education
- Information and referrals
- Short-term counseling in office or by phone
- Quarterly newsletter
- Lending library and free educational materials
- Care consulting

Questions? Call 407-303-5295

Support Day-Programs

These programs are held twice a month in two convenient locations. Services include support group meetings, educational presentations, exercise classes and caregiver breakout group meetings. **All programs start at 10 am.**

SEMINOLE COUNTY LOCATION

St. Stephen's Lutheran Church (Parish Hall) | 2140 West State Road 434 | Longwood, FL 32779
2nd and 4th Tuesday of every month, unless noted otherwise

- 10 am to 11 am** Social time and group meeting
- 11 am to 12 pm** Educational presentation
- 12 pm to 12:45 pm** Exercise class and caregiver breakout support-group session
- 12:45 pm** Social hour and lunch

Date	Speaker	Topic
Jan 8	Dr. Rodriguez	Q&A with MDS
Jan 22	Shannon Campbell	Estate Planning/Legal Issues
Feb 12	Kristina Weiszaupt	Conductive Ed for PD treatment
Feb 26	David Miller	Downsizing without Stress
Mar 12	Jennifer Morgera	Developing a Healthy Lifestyle
Mar 26	Dr. Acosta	Dental Health and PD
Apr 9	Delta Airlines (Leilani Ilano)	Air Travel with PD
Apr 23	Debra Paluzzi	Understanding Hallucinations in PD
May 14	Curaleaf	Understanding Medical Cannabis
May 28	Dr. Goodman	Parkinson's Dementia vs. Alzheimer's
Jun 11	Bioclinca	Research and Clinical Trials Update
Jun 25	Canceled	Church Closed
Jul 9	Joe Pine	Safety Awareness Program
Jul 23	Abbie	Understanding Duopa
Aug 13	Dr. Benes	Mood and Behavioral Aspects of PD
Aug 27	Kristy Meyers (USWorldmeds)	Xadago for Off-Episodes
Sept 10	Kim Colatruglio (Adamas)	Movement Problems in PD
Sept 24	Rick Blount	Sleep Issues in Parkinson's
Oct 8	Chad Davie	DBS for Parkinson's Disease Treatment
Oct 22	Anissa Mitchell	Parkinson's Progression
Nov 12	Patrick Davis	Practical Pointers in PD
Nov 26	Canceled	Due to Holiday
Dec 10	Holiday party	Pot Luck
Dec 24	Canceled	Due to Holiday

All group presentation topics and speakers are subject to change.

ORANGE COUNTY LOCATION

AdventHealth Church | 2800 North Orange Avenue | Orlando, FL 32804
2nd and 4th Thursday of every month, unless noted otherwise

10 am to 11 am Social time and group meeting
11 am to 12 pm Educational presentation
12 pm to 12:45 pm Exercise class and caregiver breakout support-group session
12:45 pm Social hour and lunch

Date	Speaker	Topic
Jan 10	Dr. Rodriguez	Q&A with MDS
Jan 24	Krisztina Weiszaupt	Conductive Ed for PD Treatment
Feb 14	Bioclinica	Clinical Research in PD
Feb 28	Delta Airlines (Leilani Ilano)	Airline Travel with PD
Mar 14	Jennifer Morgera	Developing a Healthy Lifestyle
Mar 28	David Miller	Downsizing without Stress
Apr 11	Lori Diallo	Your Pharmacist and PD
Apr 25	UCF	Basic Science Research in Parkinson's
May 9	Kathleen Flammia	Estate Planning-What You Need to Know
May 23	Debra Paluzzi	Understanding Hallucinations in PD
Jun 13	Patrick Davis	Fall Prevention
Jun 27	Curaleaf	Understanding Medical Cannabis
Jul 11	Dr. Goodman	Parkinson's Dementia vs. Alzheimer's
Jul 25	Kristy Meyers (USWorldmeds)	Xadago Managing Off-Episodes
Aug 8	Joe Pine	Safety Awareness Program
Aug 22	Kim Colatruglio (Adamas)	Movement Problems in PD
Sept 12	Dr. Kim	Research
Sept 26	Abbvie	Understanding Duopa
Oct 10	Dr. Benes	Mood and Behavioral Aspects of PD
Oct 24	Anissa Mitchell	Parkinson's Progression
Nov 14	Patrick Davis	Practical Pointers in PD
Nov 28	Canceled	Due to Holiday
Dec 12	Holiday party	Pot Luck
Dec 26	Canceled	Due to Holiday

All group presentation topics and speakers are subject to change.

Support Groups

NEW Educational Support Group Series on Communication Issues in Parkinson's at Nova Southeastern University

In partnership with the Nova Southeastern University (NSU) Speech and Language Department, the Parkinson Outreach Center will offer a series on communication and swallowing issues in Parkinson's disease. The program will run once a month in a four-month series at the NSU Orlando campus.

12 pm to 1 pm
4850 Millenia Blvd., Orlando, FL 32839

Registration requested by calling 407-303-5295

Dates: Jan 29, Feb 26, Mar 26, Apr 30



Young Onset Parkinson's Disease (YOPD) Support Group

Young onset Parkinson's disease support group meetings are for those under 50 years of age who have been diagnosed with Parkinson's and their loved ones. Those with YOPD are in a different stage of life, often still working, and may have children at home.

These meetings are held on the 1st Thursday evening of each month and include educational presentations and group discussion.

6:30 pm to 8 pm

If you would like to join this group, contact the Parkinson Outreach Center at 407-303-5295.

Date	Support Group
Jan 3	Shannon Campbell Atty Disability Law
Feb 7	Dr. Bartoe, DC Functional Neurology Approach to PD
Mar 7	Kimberly Webb Employment Law - What You Need to Know
Apr 4	Canceled
May 2	Dr. Benes Mood and Behavioral Aspects in PD
Jun 6	Dr. Goodman Clinical Trial Q&A
Jul 4	Holiday - No Class
Aug 1	Managing Off-Episodes with Xadago
Sept 5	Kim Colatruglio Movement Problems in PD
Oct 3	Open Discussion
Nov 7	Anissa Mitchell Parkinson's Progression
Dec 5	Holiday Party

Osceola County Support Groups

AdventHealth Celebration

Palms Conference Room
400 Celebration Place
Celebration, FL 34747
3rd Wednesday of each month

1:30 pm to 2:30 pm Caregiver meeting
Pedaling for
Parkinson's class

(Contact Fitness Center at 407-303-4400
for class information)

2:30 pm to 3:30 pm Support group meeting
and presentation

Date	Support Group
Jan 16	David Miller Downsizing without Stress
Feb 20	Dr. Rodriguez Q&A with MDS
Mar 20	Krisztina Weiszhaupt Conductive Ed for PD Treatment
Apr 17	Dr. Benes Mood and Behavioral Aspects of PD
May 15	USWorldmeds Manging Off-Episodes
Jun 19	Patrick Davis Falls Prevention
Jul 17	Curaleaf Understanding Medical Cannabis
Aug 21	Dr. Goodman Clinical Trial Q&A
Sep 18	Debra Paluzzi Understanding Hallucinations in PD
Oct 16	Abbvie Understanding Duopa
Nov 20	Patrick Davis Practical Pointers in PD
Dec 18	Joe Pine Safety Awareness Program

Spanish Parkinson's Support Group

NEW! In partnership with Vitas and their
Hispanic Community Liaison, we are offering
a support group totally in Spanish once a
month on the dates listed below.

10 am to 12 pm

Vitas Osceola County

3700 Commerce Blvd., Suite 200
Kissimmee, FL 34741

Dates: Feb 22, Mar 29, Apr 26, May 24, Jun 28,
Jul 26, Aug 23, Sep 27, Oct 25, Nov 22

**For more information call the Parkinson
Outreach Center at 407-303-5295 or
Gloria Puerto at 407-907-5592**



Lake County Support Group

AdventHealth Waterman

Creation Conference Center

1000 Waterman Way

Tavares, FL 32778

2nd Monday of each month

1 pm to 3 pm Presentations and support-group meetings for both patients and care partners

Date	Support Group
Jan 14	David Miller Downsizing without Stress
Feb 11	Shannon Campbell Elder Law
Mar 11	USWorldmeds Xadago for Off-Episodes
Apr 8	Curaleaf Understanding Medical Cannabis
May 13	Acadia Psychosis in PD
Jun 10	Joe Pine Safety Awareness Program
Jul 8	Carol Morris PT and Exercise for PD
Aug 12	Kim Colatruoglio Movement Problems in PD
Sept 9	Rick Blount Sleep Issues in PD
Oct 14	Jodi Robison Nutrition
Nov 11	Anissa Mitchell Parkinson's Progression
Dec 9	Marcy Shapiro Speech Therapy in Parkinson's

All group presentation topics and speakers are subject to change.

Parkinson's Empower Hour Small Group

NEW! If you are unable to make a morning meeting or would like a smaller group atmosphere, join us once a month for a group meeting at the Parkinson Outreach Center office.

Third Tuesday of each month

3 pm to 4 pm

This group does require registration due to space limits. Call the POC office to join in at 407-303-5295

Dates: Jan 15, Feb 19, Mar 19, Apr 16, May 21, Jun 18, Jul 16, Aug 20, Sept 17, Oct 15, Nov 19, Dec 17

PD Link: A Peer-to-Peer Support Program

PD Link is a short-term, peer-to-peer connection for those who either have Parkinson's or care for someone who does and would like to talk with someone on a one-on-one basis.

The Parkinson Outreach Center connects volunteers living with Parkinson's (or care partners) to others in a similar situation for a short-term connection.

If you would like to be connected to someone, or are willing to volunteer, please contact the Parkinson Outreach Center at 407-303-5295.



Education Classes

Whether you are newly diagnosed or have been living with Parkinson's for a while, understanding your disease and how to manage it is important. At the AdventHealth Parkinson Outreach Center, we offer different tiers of learning. Tier 1 is for beginners and starts with PD 101. Tier 2 includes COPE caregiver training and PD CARE patient self-management education. Tier 3 consists of ongoing education through our annual conference, patient education at group meetings and quarterly newsletters.

TIER 1 EDUCATION

PD 101: What You and Your Family Should Know

PD 101 is a basic overview of Parkinson's disease symptoms, treatments and information to help the newly diagnosed or those who need a better, general understanding of the disease.

This class is offered in various locations and times listed below and also offers an all-Spanish class quarterly in Osceola County. Registration is required.

For more information, contact 407-303-5295.

SEMINOLE COUNTY LOCATIONS

One Senior Place
715 Douglas Avenue
Altamonte Springs, FL 32714

Date	Time
Apr 29	2 pm to 3:30 pm
Oct 28	2 pm to 3:30 pm

ORANGE COUNTY LOCATION

AdventHealth Church
2800 North Orange Avenue
Orlando, FL 32804

Date	Time
Jan 24	2 pm to 3:30 pm

Center for Health and Wellbeing
2005 Mizell Avenue, Winter Park, FL 32792

Date	Time
July 29	2 pm to 3:30 pm
Dec 16	2 pm to 3:30 pm

OSCEOLA COUNTY SPANISH PROGRAM

Vitas Osceola County
3700 Commerce Blvd., Suite 200
Kissimmee, FL 34741

This PD 101 class is offered quarterly and will be presented in Spanish. To register for this class, please contact Gloria Puerto at 407-907-5592.

Date	Time
Jan 11	10 am to 12 pm
Apr 12	10 am to 12 pm
Jul 12	10 am to 12 pm
Oct 11	10 am to 12 pm

TIER 2 EDUCATION

Care Optimally Parkinson Education (COPE) for Caregivers

Has your loved one been diagnosed with Parkinson's disease? You may have many questions about what this means and how you should prepare. That's why we created Care Optimally Parkinson Education (COPE) — a caregiver education program that prepares you for your journey of helping your loved one with Parkinson's and teaches you how to manage your own needs and stress. COPE is not just a caregiver education program, it is also a support group and offers individual counseling sessions on a short-term, as-needed basis.

This program is offered at various locations and times. **Space is limited. Registration is required. For more information, contact 407-303-5295.**

ORANGE COUNTY LOCATION

Center for Health and Wellbeing
2005 Mizell Avenue, Winter Park, FL 32792

Dates	Time
Oct 15, 16, 17	2 pm to 5 pm

SEMINOLE COUNTY LOCATION

One Senior Place
715 Douglas Avenue
Altamonte Springs, FL 32714

Dates	Time
Feb 5, 6, 7	2 pm to 5 pm
May 16, 17	1 pm to 5 pm
July 18, 19	1 pm to 5 pm

Parkinson's Disease CARE: Coping, Advocating, Relating and Engaging (PD: CARE) for Patients

If you have been diagnosed with Parkinson's, you may wonder how you will deal with the diagnosis, manage your health and maintain a quality of life. PD-CARE is a new program that has been developed to help you start on your journey informed, empowered and ready to face the challenges of PD. This education and small-group support program will take a deep dive into the symptoms of the disease and address such topics as coping with changes, work-related concerns, relationships and intimacy, being a self-advocate, treatment options and more.

This program is offered in various locations and times listed below. **Space is limited and registration required. For more information, contact 407-303-5295.**

ORANGE COUNTY LOCATION

Center for Health and Wellbeing
2005 Mizell Avenue, Winter Park, FL 32792

Dates	Time
June 18, 19, 20	2 pm to 5 pm

SEMINOLE COUNTY LOCATION

One Senior Place
715 Douglas Avenue
Altamonte Springs, FL 32714

Date	Time
Jan 15, 16, 17	2 pm to 5 pm
April 18, 19	1 pm to 5 pm
Nov 21, 22	1 pm to 5 pm

TIER 3 EDUCATION

Parkinson's: Brain and Beyond Conference

Every year the Parkinson Outreach Center provides a free, annual Parkinson's conference for people with Parkinson's and their loved ones. This program seeks to provide the latest information on Parkinson's treatment, research and inspiration. Each year experts in the field are brought in along with a variety of local resources to encourage, equip and educate the community. Save the date for our 2019 conference to be held at the Marriott Lake Mary on Wednesday, April 3, 2019.

Educational Presentations at Support Groups

The AdventHealth Parkinson Outreach Center provides ongoing education on Parkinson's disease as well as other important PD-related educational topics. Presentations are available twice a month at the support day programs in Longwood and Orlando as well as many of our other support group locations.

Brain N Motion Quarterly Newsletter

The AdventHealth Parkinson Outreach Center, Parkinson Association of Central Florida and BioClinica Research partner to offer a quarterly educational newsletter connecting the PD community to valuable information, resources and cutting-edge research. **If you would like to receive the newsletter, contact 407-303-5295.**



Wellness Programs

Creative Arts and Wellness Day Program

Join us twice a month on the first and third Thursdays for a NEW Arts and Wellness-Based Day Program. Research has shown that people who engage in supportive and creative programs improve their quality of life. Come for one or stay for them all.

Time	Program
12 pm to 1 pm	Chair yoga and Mindfulness
1 pm to 2 pm	Music Therapy
2 pm to 3:15 pm	Movement as Medicine (Dance for Parkinson's)
3:30 pm to 4:30 pm	Creative Drama (1st Thursday) Art and Music (3rd Thursday, registration is required for this program)

Registration for classes is not required unless noted otherwise above.

For more information call 407-303-5295.

These programs are free but a \$5 donation is appreciated.

Chair Yoga for Parkinson's

Join us for a twice-a-month chair yoga session. This program will guide you through easy poses that will help stretch your muscles, improve range of motion and reduce your stress.

This program is for people with Parkinson's and/or their caregivers. Participation is free thanks to a generous donation by the Parkinson Association of Central Florida.

Music Therapy

Music therapy is defined as the clinical use of music and music interventions by a board-certified music therapist (MT-BC) to address nonmusical functions such as motor movement, communication, and cognition. Music therapy can increase activity in the reward centers of the brain, specifically the release of dopamine in response to music, and can improve the vocal intensity, intelligibility, and conversational speech of Parkinson's patients. Join us for a twice-a-month FREE music therapy session which will include vocal exercises, singing and other activities such as drumming and instrumentation. In addition, the program offers a choir, called the Happy Bunch, which selects music to perform in the community several times a year.

Movement as Medicine (Dance for Parkinson's)

This is a class that incorporates various dance and movement forms to address balance, flexibility and spatial awareness with live musical accompaniment.



Creative Drama: Discover Your Inner Character

This class will use a variety of activities and exercises to address:

- Body awareness
- Space
- Interaction—verbal and non-verba
- Quick thinking
- Character development

Art with Music

Enjoy creative expression through various art mediums paired with different music genres. You do not need to be an artist or be able to draw! This class is for anyone who would like to participate in a fun, stimulating and stress-reducing, mind-body experience.

Classes will include:

- Classical music and water colors
- Love songs and pastels
- Vivaldi Four Seasons and acrylics/canvas
- Tranquil music and pour paint
- Jazz and stencils with sponge paint
- 70's rock and tessellation art
- And more!

This class has limited seating so **registration is required.**

Call 407-303-5295 for more information on these programs or to reserve your space for each month's art session.

Living Out Loud

This voice-therapy group is designed for those who have completed the LSVT Loud® speech therapy program and would like to work on maintaining skills. This program is offered on the 3rd Wednesday of every month from 12 pm to 1 pm at the AdventHealth Sports Med & Rehab Lee Road/ Adanson location. This program does have a fee of \$6.00 per class payable one session at a time, or via a one-time yearly payment of \$70. **To register for the class, please call 407-303-7600.**



Exercise Programs

PWR! Parkinson Wellness Recovery

This exercise class utilizes high effort for bigger and faster movements, while directing your attention on “how it feels” to use your full movement potential. Emphasis is on optimal functioning. Offered at AdventHealth Sports Med & Rehab in various locations, and at various dates and times. Fees apply. **For more information, contact the location nearest you.**

- Lee Road/Adanson 407-303-8041
- Altamonte Springs 407-303-5465
- Lake Mary 407-323-0399
- Apopka 407-889-1039
- Winter Park 407-646-7711
- East Orlando 407-303-8626
- Celebration 407-303-4400

Pedaling for Parkinson's in Celebration

AdventHealth Celebration is offering Pedaling for Parkinson's — an indoor cycling program that provides a safe and effective way for Parkinson's patients to combat symptoms and improve motor function. This program is led by an exercise physiologist and is held on Tuesdays and Wednesdays at 1:30 pm at the Fitness Center. **For more information, call 407-303-4400.**

**Please note: All programs listed above are subject to change.
Call the Parkinson Outreach Center for more information at 407-303-5295.**

Additional Community Parkinson's Programs

Pedaling for Parkinson's

This fun, interactive group class uses high-cadence cycling (80–90 rpm) on spin bikes and is open to those with PD and their caregivers. Classes are held three times a week on Mondays, Wednesdays and Fridays from 2 pm to 3 pm. Fees apply.

For more information, contact Debbie Apple at 321-356-7899.

Rock Steady Boxing at CORE

Rock Steady Boxing (RSB) Orlando enables people with Parkinson's disease to fight their disease and gives hope by improving their quality of life through a non-contact, boxing-based fitness curriculum. Various levels and class times are available and held at 1191 Commerce Park Drive, Altamonte Springs, FL 32714. **For more information, call 407-951-8936.**

Rock Steady Boxing Central Florida

Rock Steady Boxing (RSB) Orlando enables people with Parkinson's disease to fight their disease and gives hope by improving their quality of life through a non-contact, boxing-based fitness curriculum. Classes are held three times a week on Monday, Wednesday and Friday at 12 pm. Various levels and class times are available and held at Wadeview Neighborhood Center: 2177 Summerlin, Orlando, FL 32806. **For more information, call 917-853-9102.**



Parkinson's Resources

Parkinson Association of Central Florida (PACF)

Our local association helps raise awareness and funds, which support local Parkinson's programs.

Each year, PACF holds an annual Walk for Parkinson's. The 2019 walk will be held on Saturday, April 6, 2019 at Cranes Roost Park.

ParkinsonCF.org
321-348-7223

Parkinson Foundation

Provides free educational resources, webinars and a helpline.

Parkinson.org
Helpline: 800-4PD-INFO (473-4636)

American Parkinson Disease Association (APDA)

This group funds research and offers free educational resources.

APDAParkinson.org
800-223-2732

Davis Phinney Foundation

Offers inspiration, education and wellness resources including webinars, DVDs and other educational tools.

DavisPhinneyFoundation.org
866-358-0285

Michael J. Fox Foundation

Funds Parkinson's research and offers the Fox Trial Finder where one can register, develop a profile and be linked to current research studies.

MichaelJFox.org
800-708-7644

Melvin Weinstein Parkinson's Foundation

A not-for-profit organization that helps people with PD obtain equipment and other needs when one cannot afford it, in order to live safe and independently.

MWPF.org
757-313-9729

Other Resources

Senior Resource Alliance 800-963-5337
One Senior Place 407-949-6733

Adult Day Care

Share the Care 407-423-5311
Easter Seals Day Break 407-629-4565

For additional resources and assistance, call the Parkinson Outreach Center office at 407-303-5295.



Our Health Equity Promise

Patient Protection and Affordable Care Act: Section 1557

AdventHealth complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. This facility does not exclude people or treat them differently because of race, color, national origin, age, disability or sex.

AdventHealth provides free aid and services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters
- Written information in other formats (large print, audio, accessible electronic formats, other formats)

AdventHealth provides free language services to people whose primary language is not English, such as:

- Qualified interpreters
- Information written in other languages

If you need these services, please call 407-303-5600 x1106707.

If you believe that this facility has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file a grievance or request that someone assist you with filing a grievance at 407-200-1324 or FH.Risk.Management@AdventHealth.com.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically, through the Office for Civil Rights Complaint Portal, available at ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building Washington, D.C. 20201
1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at hhs.gov/ocr/office/file/index.html.

The statements below direct people whose primary language is not English to translation assistance:

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número siguiente.

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi theo số điện thoại dưới đây.

注意: 如果您使用中文, 您可以免费获得语言协助服务。请拨打下面电话号码。

Atansyon: Si ou pale kreyòl Ayisyen, gen sèvis asistans nan lang ou ki disponib gratis pou ou. Rele nimewo ki anba an.

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 아래의 번호로 전화하십시오.

UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer podany poniżej.

ملحوظة: إذا كنت لا تتحدث اللغة الإنجليزية فإن خدمات الترجمة متوفرة لك مجاناً. الرجاء الإتصال بالرقم أدناه.

ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le numéro ci-dessous.

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tawagan ang numero sa ibaba.

ВНИМАНИЕ! Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Для этого позвоните по нижеуказанному номеру.

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufen Sie die untere Nummer an.

सुचना: જો તમે ગુજરાતી બોલતા હો, તો નિ:શુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. નીચેના નંબર પર ફોન કરો.

ATENÇÃO: Se você fala português, disponibilizamos serviços lingüísticos gratuitos. Ligue para o número abaixo.

ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। नीचे लिखे नम्बर पर सम्पर्क करें।

اگر شما فارسی زبان هستید، خدمات کماکی زبان بطور مجانی در دسترس شما قرار دارد. تو شماره زیر زنگ بزنید.

توجہ فرمائیے۔ اگر آپ اردو بولتے/بولتی ہیں تو آپ کے لئے لسانی خدمات مفت میسر ہیں۔ ذیل میں دئیے گئے نمبر پر کال کریں۔

注意: 日本語でお話になりたい場合には、無料の通訳サービスをご利用いただけます。下記の番号にお電話してください。

ໄປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອ ດ້ານພາສາ, ໄດ້ອໍເສີມສ້າງ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ກະລຸນາໃຫ້ນໍ້າເບີຢູ່ຂ້າງລຸ່ມ

LUS CEEB TOOM: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu tus xojtooj hauv qab no.

ATTENZIONE: Se parlate italiano, sono disponibili dei servizi di assistenza linguistica gratuiti. Chiamare il numero sotto indicato.

407-303-5600 ☎ 407-303-3025



1685 Lee Road, Suite 110 | Winter Park, FL 32789
407-303-5295 | AdventHealthNeuroInstitute.com