

Spine Health Education

To prepare patients for their surgical procedure, the AdventHealth Spine Center offers classes in person or online. We have found that patients who attend these pre-surgery classes in person or online know what to expect and have a better understanding of their surgical procedure and overall hospital stay. These classes cover the following topics:

- Preparing for surgery and your hospital stay
- Pain management
- What to expect upon returning home
- Managing daily activities after surgery

Get relief today.

Call 407-303-9102 or visit AdventHealthNeuroInstitute.com.




Advent Health

407-303-9102 | AdventHealthNeuroInstitute.com

AdventHealth complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número siguiente 407-303-3025

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele nimewo ki anba an 407-303-3025.

The Spine Center

AdventHealth Neuroscience Institute



18-SPINE-05054


Advent Health

Get Relief from Neck & Back Pain

About eight in 10 people will suffer from back pain at some point in their lives. That's why the AdventHealth Spine Center has assembled an experienced team of spine-care specialists to provide patients with the most advanced treatment options available.

Our physicians perform more than 4,000 procedures annually, utilizing the latest in surgical techniques. And by using a multidisciplinary approach that includes pain management, neurosurgery, orthopedic spine surgery, and rehabilitation, we are able to achieve the best possible outcomes for our patients.

Spinal Conditions

At the AdventHealth Spine Center, we know that spinal conditions can prevent you from living a normal life. Each person's pain is different, and it is our goal to provide individualized care to treat conditions, including:

- Chronic neck and back pain
- Sciatica
- Scoliosis
- Degenerative disc disease
- Herniated discs
- Spinal stenosis
- Spondylosis
- Compression fracture
- Kyphosis
- Spondylolisthesis

Spine Treatments and Procedures

AdventHealth Spine Center provides a wide range of treatment options - from pain management to some of the most advanced minimally invasive techniques in the nation - all with the goal of getting you back on your feet quicker and with an improved quality of life.

Our spinal treatments and procedures include:

Non-Surgical Intervention

- Epidural steroid injection
- Radiofrequency joint ablation (RFA)
- Provocative discography
- Physical therapy

Surgical Intervention

- Spinal cord stimulation
- Kyphoplasty
- Laminectomy
- Discectomy
- Percutaneous disc decompression
- Total disc replacement
- Transforaminal lumbar interbody fusion (TLIF)
- Anterior lumbar interbody fusion (ALIF)
- Extreme lateral interbody fusion (XLIF)
- Posterior lumbar interbody fusion (PLIF)



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WILL SUFFER FROM BACK PAIN
AT SOME POINT IN THEIR LIVES.*

**Source: National Institutes of Health*

