



Alzheimer's and Dementia Caregiver Support Group

AdventHealth Maturing Minds Program

Taking care of a loved one with Alzheimer's disease or dementia can be a rewarding yet challenging endeavor. Our caregiver support group provides emotional support and helpful tips for managing the care of someone who is living with a memory disorder. You'll learn how to navigate the medical system, explore community resources, understand the stages of dementia and reduce your stress and the risk of burnout.

**This group meets
at 1:00 pm on the
third Thursday of
every month.**

When

Jan 17, 2019	July 18, 2019
Feb 21, 2019	Aug 15, 2019
March 21, 2019	Sept 19, 2019
April 18, 2019	Oct 17, 2019
May 16, 2019	Nov 21, 2019
June 20, 2019	Dec 19, 2019

Where

Faith Assembly
Guest Welcome Center
9307 Curry Ford Road
Orlando, FL 32825
(Park in lot 2)

For more information and to join the support group,
please contact: AdventHealth Maturing Minds Program
Judy Clark, LCSW 407-303-9645 | Judy.Clark@AdventHealth.com


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