

# PD Link Central Florida

AdventHealth Neuroscience Institute



## AdventHealth Neuroscience Institute

A part of AdventHealth Orlando

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ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número siguiente 407-303-3025.

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele nimewo ki anba an 407-303-3025.

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# Program Provides Peer-to-Peer Parkinson's Support

PD Link Central Florida is a short-term peer-to-peer connection for those who either have Parkinson's or are caring for someone with the disease — individually connecting you with a volunteer via phone or email. Whether you're recently diagnosed or have had Parkinson's for many years, you will find it helpful to speak with someone who shares the same daily struggles.

The Parkinson Outreach Center at the AdventHealth Neuroscience Institute is an official PD Link site through the Northwest Parkinson's Foundation. The program provides this service on a limited basis for people with Parkinson's disease — as well as caregivers — who would benefit from this one-to-one interaction.

## How it Works

The Parkinson Outreach Center connects volunteers living with Parkinson's to others in a similar situation. They will listen and share their experiences, offer coping tips, and suggest local resources. We will consider your age, how long you've had the disease and other interests when making this assignment. The center also supplies training, background materials and support for both clients and volunteers.



## Getting Started

When you contact the Parkinson Outreach Center, we will talk to you about your experience with Parkinson's and obtain some basic information. A PD Link Central Florida volunteer will then arrange to speak with you by phone or email.

### ASK YOURSELF

- Would you like to talk to someone who has “walked in your shoes” in regards to having Parkinson's?
- Would you like to connect with someone in a situation similar to your own?
- Are you unable to attend a support-group meeting?
- Would you feel more comfortable talking to someone one-on-one?

**To volunteer for the program or to be matched up with a peer, please contact Parkinson Outreach Center Program Manager Alissa Taylor at 407-303-5295 or [Alissa.Taylor@AdventHealth.com](mailto:Alissa.Taylor@AdventHealth.com).**