

Care Optimally Parkinson Education

COPE

A TRAINING PROGRAM FOR CAREGIVERS OF THOSE WITH PARKINSON'S DISEASE

Free Health Program by AdventHealth

February 5, 6 & 7 | 2019 | 2:00 - 5:00 pm

May 16 & 17 | 2019 | 1:00 - 5:00 pm

July 18, 19 | 2019 | 1:00 - 5:00 pm



Anissa Mitchell, LCSW

Parkinson Outreach Program Manager, AdventHealth Neuroscience Institute

Has your loved one been diagnosed with Parkinson's disease? You may have many questions about what this means and how you should prepare. That's why we created Care Optimally Parkinson Education (COPE), a caregiver education program that prepares you for your journey, including managing your own needs and stress.

COPE is not just a caregiver education program. It is also a support group and offers individual counseling sessions on a short-term, as-needed basis.

LOCATION

One Senior Place

715 Douglas Avenue | Altamonte Springs FL, 32714

Seating is limited, and registration is required. RSVP by calling 407-303-5295.



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