

Parkinson's Disease Care (PD-CARE)

AdventHealth Neuroscience Institute

Free, Parkinson's Patient, Self-Management Program

If you've been diagnosed with Parkinson's disease, you may have questions about what it will mean to live with the disease, how to cope with the diagnosis and how to manage your health while maintaining a quality of life. PD-CARE is a small-group, educational support program that teaches and empowers you to face the challenges of living with Parkinson's disease.

Topics addressed include:

- Comprehensive overview of PD symptoms
- Treatment options
- Being a self-advocate
- Coping with change
- Relationships and intimacy
- Work-related concerns

Seating is limited.

The PD-CARE program is free, but registration is required.



WHEN

- Tuesday, January 15, Wednesday, January 16 and Thursday, January 17 | 2 to 5 pm
- Thursday, April 18 and Friday, April 19 | 1 to 5 pm
- Thursday, November 21 and Friday, November 22 | 1 to 5 pm

WHERE

One Senior Place
715 Douglas Avenue
Altamonte Springs, FL 32714

For more information or to register, please call 407-303-5295.

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ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número siguiente 407-303-3025.

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele nimewo ki anba an 407-303-3025.


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