



AdventHealth complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número siguiente 407-303-3025.

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele nimewo ki anba an 407-303-3025.

The Outlook Clinic

Depression, Anxiety & Co-Occurring Disorder Care



Specialized Mental Health Services for Central Florida's Uninsured Residents

The Outlook Clinic was created to provide specialized outpatient mental health care for people who do not have medical insurance who are experiencing symptoms of anxiety and/or depression along with co-occurring medical conditions. Our goal is to provide much-needed care to some of our community's most vulnerable residents while reducing overall health care costs.

Services We Offer

- Individual therapy sessions
- Group therapy sessions
- Case management
- Medication management
- Treatment for symptoms of anxiety, depression and/or with co-occurring medical conditions

Admission Criteria

- Patient must be 18 years of age or older.
- Patient's primary psychiatric diagnosis is depression and/or anxiety.
- Patient has a primary care physician or is willing to establish one.
- Patient agrees to be compliant with Outlook Clinic appointments including primary care physician appointments, individual therapy and medication regimen.
- Patient has recently been hospitalized or visited the emergency department within past 12 months. (preferably)
- Patient is a permanent resident of Orange County or the surrounding areas.
- Patient is uninsured.

To refer a patient to the Outlook Clinic, call 407-836-2542. Patients referred outside of the AdventHealth system must be pre-screened through the Mental Health Association of Central Florida at 407-898-0110.

The Facts About Depression and Anxiety Disorders:

- 16 million adults in America are affected by depressive disorder each year.
- 42 million adults are affected by anxiety disorders.
- 44,000 suicide deaths occur nationally each year — 121 suicides occur per day.
- In Florida, suicide is the 2nd leading cause of death for adults 25-34 years old.
- For every one suicide, there are 25 others who attempt.
- There are twice as many suicides as homicides each year.
- Depression is the leading cause of disability worldwide.

Source: Centers for Disease Control and Prevention (CDC) Data & Statistics Fatal Injury Report for 2015 Anxiety and Depression Association of America, 2017

THE OUTLOOK CLINIC

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in collaboration with:

