

WOMEN & STROKE

KNOW THE SIGNS



Think **F.A.S.T.**



Facial Droop

If the mouth droops down on one side



Arm Drift

If when both arms are extended, one arm drifts downward



Speech

If speech is slurred, absent or abnormal



Time

If you observe any of these signs,
Call 9-1-1 immediately.



Advent Health

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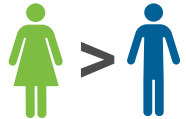


STROKE IS THE
CAUSE OF
#3 DEATH
in WOMEN

 **1 IN 5 WOMEN**

HAS A STROKE AT SOME POINT IN HER LIFE

ABOUT **55,000** MORE WOMEN
THAN MEN HAVE A STROKE EACH YEAR



In addition to general risk factors such as family history, high blood pressure, high cholesterol, diabetes, smoking, lack of exercise and being overweight, women are faced with unique risk factors which include birth control pills, pregnancy, preeclampsia, hormone replacement therapy (HRT), atrial fibrillation and migraine headaches with aura.

**Source: American Heart Association
American Stroke Association*



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