

Physical Therapy for Back Pain




AdventHealth
Sports Med & Rehab

AHSportsMedCentralFL.com

AdventHealth complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número siguiente 407-303-3025.

ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele nimewo ki anba an 407-303-3025.




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Get Relief From Spinal Pain Without Surgery

If you are suffering from debilitating back pain, AdventHealth offers a wide range of physical therapy services designed to ease symptoms, and forgo medical imaging exams and spinal surgery. Our highly skilled team of physicians, physical therapists and care coordinators work together to evaluate your condition and create a proper plan of treatment. In many cases, physical therapy can reduce or eliminate your pain, improve your strength and flexibility, and restore your normal range of movement.

Physical Therapy & Rehab Services

- Aquatic therapy
- Back and neck rehabilitation
- Biomechanical screenings
- Manual therapy
- Pain management
- Sports medicine
- Spine-health education



80%

OF THE ADULT POPULATION
WILL SUFFER FROM
LOWER BACK PAIN
AT SOME POINT IN THEIR LIVES.

Source: National Institutes of Health (NIH)

EARLY ACCESS TO PHYSICAL THERAPY
FOR LOWER-BACK PAIN CAN

REDUCE OVERALL
MEDICAL COSTS
BY AN AVERAGE OF
\$2,700.

Source: Fritz et al, 2012

Our Spine Care Team

Physical therapy is usually the best place to start when treating spinal pain. If you need more extensive care, we have a vast network of radiologists, orthopedic surgeons and neurosurgeons to take care of you. Plus, we offer some of the most advanced, minimally invasive surgical procedures and interventions to treat serious spinal injuries and conditions.

- Care coordinators
- Interventional radiologists
- Massage therapists
- Neurosurgeons
- Occupational therapists
- Orthopedic surgeons
- Pain-medicine specialists
- Pain psychologists
- Physical therapists

Get relief today.

Call 407-303-8080 to schedule
an appointment today. Visit
AHSportsMedCentralFL.com
for more information.