WOMEN & STROKE
KNOW THE SIGNS

B.E. F.A.S.T.

Balance
If you notice sudden problems with balance or coordination

Eyes
If you notice sudden blurred or double vision or sudden loss of vision in one or both eyes

Face
If the mouth droops down on one side

Arm
If when both arms are extended, one arm drifts downward

Speech
If speech is slurred, absent or abnormal

Time
If you observe any of these signs, Call 9-1-1 immediately.

AdventHealth
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WOMEN & STROKE

STROKE IS THE #3 CAUSE OF DEATH in WOMEN

1 IN 5 WOMEN HAS A STROKE AT SOME POINT IN HER LIFE

ABOUT 55,000 MORE WOMEN THAN MEN HAVE A STROKE EACH YEAR

In addition to general risk factors such as family history, high blood pressure, high cholesterol, diabetes, smoking, lack of exercise and being overweight, women are faced with unique risk factors which include birth control pills, pregnancy, preeclampsia, hormone replacement therapy (HRT), atrial fibrillation and migraine headaches with aura.

Source: American Heart Association
American Stroke Association