

WOMEN & STROKE

KNOW THE SIGNS



B.E. F.A.S.T.



Balance

If you notice sudden problems with balance or coordination



Eyes

If you notice sudden blurred or double vision or sudden loss of vision in one or both eyes



Face

If the mouth droops down on one side



Arm

If when both arms are extended, one arm drifts downward



Speech

If speech is slurred, absent or abnormal



Time

If you observe any of these signs,
Call 9-1-1 immediately.



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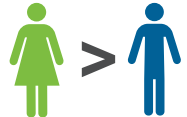


STROKE IS THE
#3 CAUSE OF
DEATH
in WOMEN

 **1** IN **5** WOMEN

HAS A STROKE AT SOME POINT IN HER LIFE

ABOUT **55,000** MORE WOMEN
THAN MEN HAVE A STROKE EACH YEAR



In addition to general risk factors such as family history, high blood pressure, high cholesterol, diabetes, smoking, lack of exercise and being overweight, women are faced with unique risk factors which include birth control pills, pregnancy, preeclampsia, hormone replacement therapy (HRT), atrial fibrillation and migraine headaches with aura.

Source: American Heart Association
American Stroke Association



Advent Health